

# The Lakeside

Newsletter of Twin Lakes  
A Life Enriching Community

9840 Montgomery Road  
Montgomery, Ohio 45242  
(513)719-3500

## Rehab Opens Door to New Lifestyle

The road to recovering from surgery led to a new home for Sylvia Benjamin. "I came here to heal," Sylvia says, "I had no idea I was in for a life changing experience." Sylvia quickly realized that the team of health care professionals at Twin Lakes was focused on her overall wellness, not



just tending to her medical needs. "They cared about me as a whole person," she explains. What Sylvia experienced was the *Way of Wellness*, our philosophy of developing and balancing the six dimensions of wellness: physical, spiritual, social, emotional and vocational.

It also became evident to Sylvia that her fellow residents were concerned about her well being. "People couldn't be nicer," she says with a smile. Once she was strong enough, she accepted the invitation of another resident to dine. They shared not only a meal but a host of memories as they discovered their fathers had been friends! Upon returning home after completing rehab, Sylvia realized that the Twin Lakes community was the secret to living on her own. That realization set in motion a move that she had never planned, but one that she knew would bring her great happiness. "I have a new way of life, a new way of living," she says. "I am just as independent as I have ever been, I have kept my old friends and made wonderful new ones," she laughs.

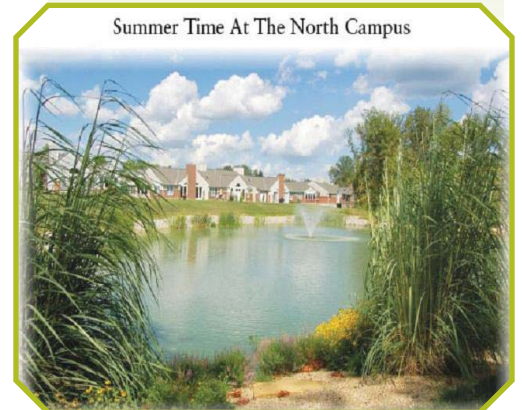
Visit [www.twinlakes.org](http://www.twinlakes.org) to learn more about Twin Lakes and the Way of Wellness.

## Rollback Pricing for a limited time

Don't wait to take advantage of the lowest entry fees Twin Lakes has offered since 2006. This limited time offer applies to the first ten people to reserve a Villa or a Rotunda Apartment. If you have delayed pursuing your retirement plans due to the current economy, this offer will make the difference.

The convenient, secure lifestyle that Life Enriching Communities has provided for nearly 110 years can be yours. Please call **513-719-3500** and a Marketing Specialist will be happy to assist you.

Summer Time At The North Campus



9840 Montgomery Road  
Cincinnati, Ohio 45242  
(513) 719-3500  
[www.twinlakes.org](http://www.twinlakes.org)

## Assuring Good Health For You

One of the many amenities at Twin Lakes is the Health and Therapy Suite, another demonstration of the philosophy of wellness that is the foundation of the Twin Lakes community. "We offer clinic hours for residents who need services such as blood pressure checks, B12 shots or dressing changes," explains Joan Reiniger, Wellness Nurse, at left in photo, "I am also available to coordinate services for residents and to be a resource for them and their families." The Suite houses a therapy clinic where Therapy Manager, Kimberley Engelbrink, at right in photo, and her therapy team offer full services right on the campus. "We just set up a schedule and see residents right here on campus," Kimberley says, "it is very convenient." Outpatient Therapy services are also available.



In addition to clinic and therapy services, we offer free hearing evaluations and annual mammography screenings through the Jewish Hospital mobile mammography van. A Podiatrist sees residents monthly and even Primary Care Doctor visits can be coordinated. "We are able to offer ongoing services which some people need," says Joan, "or simply provide short term support when you have those bumps on the road to good health."

## Move-in Ready

This third floor rotunda apartment offers 1,835 square feet of maintenance free living space. It is a Remington floor plan and is located close to all the amenities offered at Twin Lakes. A generous kitchen, breakfast room, dining room, den, large great room, balcony, two substantial bedrooms, two full bathrooms and underground parking make this a lovely home. To tour this apartment and learn more about the Twin Lakes lifestyle, please call 513-719-3500.



## Upcoming Events

### Summer Dinner and Concert Series

Join us for a buffet dinner followed by a tour and concert!

**Thursday, August 27- 5:00 pm**  
Lively entertainment with the accordion sounds of *Squeeze Play*.  
or

**Thursday, September 24 - 5:00 pm**  
Delight in the harmonies of the *Howard House Band* playing favorites from the 1950's through the 1980's.

### Breakfast Club

This monthly gathering offers prospective residents information on topics related to senior living, educational programs, Twin Lakes updates and includes a complimentary hot breakfast buffet.

**Wednesday, September 9th - 9:00 am**

Learn about Genealogy with *Colleen Phillips* of the Cincinnati Public Library. Tours of Twin Lakes are available afterwards.

To RSVP please call  
**513-719-3500**

